

World Power

COPPER KNOB
STEPPERS

Count: 82

Wall: 1

Level: Advanced Phrased

Choreographer: Fred Whitehouse (IRE), Tim Johnson (UK), Rebecca Lee (MY) & Jean-Pierre Madge (CH) - January 2026

Music: My World - Warcup



Intro: 1 count from first beat (app. 1 seconds into track). Start with weight on L foot.

Sequences : A-B-C,A-B-C,A*,A*,Tag,C,C,C

A - 32

[1 – 8] Back Sweep, Behind Side Cross Rock Recover, Chug full turn, Toe-Heel-Toe, PointPoint-Point

1-2&3-4 Step R back and Sweep L (1), Cross L behind R (2), Step R to R (&), Cross Rock L over R (3), Recover (4),

&5&6&7 ¼ L step L forward (&), ¼ L Rock R to R (5), Recover (&), ¼ L Rock R to R (6), Recover (&), ¼ L Rock R to R (7), 12:00

e&a Swivel R toe to R (e), Swivel R heel to R (&), Swivel R toe to R as you turn your upper body ¼ R to face the side wall (a) weight is on your R 12:00

8&a With index finger pointed, extended right arm out low to right (8) keeping right arm in place, extend left arm out to right side in the centre above right (&) keeping left arm in place, extend right arm out high to right side above left (a)

Note Counts e&a – 8&a are made to hit the drums part, it's very fast !

[9 – 16] Sway left, right, forward sway left, right, back left, right, left, hitch R twist, twist, down, heel twists

1-2 Rock L to left as you sway left (1) Rock R to right as you sway right (2)

3-4 Traveling forward to the diagonals, step forward on L as you sway forward to left diagonal (3) Step forward on R as you sway forward to right diagonal (4)

5-6-7 Traveling backwards, Step back L to left diagonal as you sway left (5) Step back R to right diagonal as you sway right (6) Step back L to the left diagonal as you sway left (7)

e&a Hitch R knee and swing right foot to right side (e) keeping knee hitched swing right foot to left (&) Touch R toes forward (a)

8& Twist R heel to right side (8) twist R heel to centre (&)

Note Counts e&a – 8& are made to hit the drum beat, it's very fast!

[17 – 24] R rock forward, recover rock back recover, stomp, hitch & hitch & hitch (pony step)

1-2 Rock forward on R as you open arms up (1) Recover weight onto L as you cross arms in front (2)

3-4 Rock back on R as you open arms up (3) Recover weight onto L as you cross arms in front (4)

5 Stomp R foot forward (5)

6&7 Step L behind R as you hitch R (6) Step R forward (&) Step L behind R as you hitch R (7)

&8 Step R forward (&) Step L behind R as you hitch R (8)

Note Through counts 5-6-7 bring R arm up end in a salute on count 7, count 8 drop your right arm forward to end the salute.

[25 – 32] R forward rock, side rock, behind & cross, ball cross ¼ , ½ , step R, ¼ cross L.

1&2& Rock R forward (1) Recover L (&) Rock R to right side (2) Recover L (&)

3&4 Step R behind L (3) Step L to left side (&) Cross R over L (4)

&5 Step L to left side (&) Cross R over L as you make a ¼ turn (5) 9:00

6-7-8 Making a ½ turn left, take weight onto L (6) step forward R (7) Making a ¼ turn left, cross L over R (8) 12:00

B- 18

[1 – 8] Bounce run R,L,R hitch, bounce run L,R,L hitch, R lunge, ½ turn, crown.

- 1&2& Run R forward (1) Run L forward (&) Run R forward (2) Hop R as hitch L (&) 12:00
 3&4& Run L forward (3) Run R forward (&) Run L forward (4) Hop L as you hitch R (&)
 5-6 Step R foot forward as you start to drop down into a lunge position, start to bring right arm (fist clenched) across chest toward left shoulder (5) continue to drop into the lunge, end with head bowed and right arm across your chest (6)
 7&8 Making a ½ turn left, take weight onto left as you start to stand up, hands should be shoulder width apart traveling left & upwards (7) continue to stand as hands move up and right (&) Standing with weight on your R, hands should come either side of your head as if placing a crown on your head (8) 6:00

Note Counts 5-6 lyrics “call me a king” – you’re being knighted! Counts 7&8 lyrics “buy me a crown” you’re placing a crown on your head as you stand.

[9 – 16] Bounce run R,L,R hitch, bounce run L,R,L hitch, rock & half step, arm wave

- 1&2& Run R forward (1) Run L forward (&) Run R forward (2) Hop R as hitch L (&) 6:00
 3&4& Run L forward (3) Run R forward (&) Run L forward (4) Hop L as you hitch R (&)
 5&6& Rock R forward (5) Recover weight L (&) making a ½ turn right, step R forward (6) Step forward L as you raise right arm up to right side, and left arm out low to left side (&) 12:00
 7&8 Starting from your right finger trips, body wave from right hand down to left hand (7&8)

[17-18] Throw the world

- 1-2 As if you had a tennis ball in your left hand, throw a ball up in the air as watch it rise (1) continue to watch your ball as it comes back down in front of you at eye level (2)

Note You’re going to grab your imaginary ball as you start C, this will be level with your eye line.... Don’t drop you ball □

C -32

[1 – 8] Back drag, pop, run run sweep, cross back back, cross back, out out

- 1-2 Big step back on R as you reach right arm forward (1) Step L next to R as you pop right knee, hands come together in front of chest with elbows out (as if holding a ball between both hands) (2)
 3&4 Keeping arms in place, run forward R (3), run forward L (&) run forward R, as you sweep L from back to front and pull arms apart (4)
 5&6& Travelling backwards, cross L over R (5) step back on R (&) step back on L (6) cross R over L (&)
 7&8& Step back on L (7) step R to right side as you reach right arm out to right side (&) reach left arm out to left side (8) With elbows out, bring hands together at chest height as if holding a ball between your hands (&)

[9 – 16] Push hands, arm up, full turn left, close hands, twist, throw, hitch, ½

- 1-2 Keeping hands in previous shape, push both hands forward away from chest (1) Take weight onto R as you bring right hand out to right side, hand level with shoulder, with palm facing up (as if holding a tray) (2)
 3&4 Keeping right arm in position, make a ¼ turn left step forward on L (3) making a ½ turn left, step back on R (&) making a ¼ turn left, step L to left side as you bring right arm across to your left shoulder (4) 12:00
 5&6 Place left hand over right, fingers to palms (as if holding a ball) (5) making a ¼ turn right, step forward on R as you flip hands (right now over left) (&) throw both hands down (6) 3:00
 7 Hitch L knee as if stepping over something (7)
 8& Step forward on L (8) making a ½ turn right, take weight on R (&) 9:00

[17- 24] ¼ rock & rock, arm up & over, full turn right, 1/8 & touch, sweep

- 1&2 Making a ¼ turn right, step L to left side as you drop right arm across your body (as if your arm was a hammer) (1) recover weight onto R as you lift right arm back up (&) rock weight back onto L as you drop right arm across body again (2) 12:00
 3-4 Recover weight onto R as you beginning to circle left arm anticlockwise (3) complete circle with left arm as you take weight onto L and bring right arm across body (4)

- 5&6 Making a $\frac{1}{4}$ turn right, step forward on R (5) making a $\frac{1}{2}$ turn right, step back on L (&) making a $\frac{1}{4}$ turn right step R to right side (6) 12:00
- 7-8 Making an $\frac{1}{8}$ turn right, step forward on L as you drop upper body (7) step back on R as you sweep L from front to back (8) 1:30

[25 – 32] L back & Back, 3/8 together, heel heel, back back, step, half

- 1&2 Step back on L as you hitch R (1) step R next to L (&) step back on L as you hitch R (2)
- 3-4 Making a $\frac{3}{8}$ turn right, step forward on R (3) Step L next to R (4)
- 5&6& Step R heel to right diagonal (5) Step L heel to left diagonal (&) Step back on R (6) Step L next to R (&)
- 7-8 Step forward R (7) Making a half turn left, take weight onto L (8)

TAG

[1-4] Walk back, R,L,R,L

- 1-2 Walk back R (1), Walk back L (2)
- 3-4 Walk back R (3) Walk back L (4)
-